



# That n' This

Choreographer : John "Grrowler" Rowell (UK) 12-Jun-03 (Rev 0)  
Tel: +44 (0)1723 364736 Email: [Grrowler@bopenworld.com](mailto:Grrowler@bopenworld.com)

Fully Qualified D&G Western Dance Instructor  
BWDA Level 3, NTA Member, CMA Member  
Guild of Professional Teachers of Dance

Description : 32 Count, 4 Wall Beg./Int. Line dance

"After All That, This" by Redfern & Crookes      CD: After All That, This      Intro: 16 counts/10 secs, 104 BPM  
Rotation: CW      (Start On Vocals)

Numbers in square brackets [ ] indicate facing wall and turn rotation. Start facing [12]

Count	Step Descriptions	Direction	Call
<b>Steps 1-8. Rock-recover, Right shuffle, Side rock-recover, Behind-turn-step.</b>			
1	Rock forward on right. ( <i>pushing hips forward</i> ) [12]	<i>In place</i>	<i>Rock</i>
2	Recover on left. ( <i>pushing hips back</i> ) [12]		<i>Recover</i>
3&4	Step forward right, (&)step left next to right, step forward right. [12]	<i>Forward</i>	<i>Right shuffle</i>
5-6	Rock left to left. Recover on right. [12]	<i>In place</i>	<i>Left-rock, recover</i>
7&8	Step left behind right, (&)step right ¼ turn right[CW], step left forward. [3]	<i>Turning right</i>	<i>Behind-turn-step</i>
<b>Steps 9-16. Cross, Step back, Back-lock-step, Behind, Unwind, Kick-ball-step.</b>			
1-2	Cross right over front of left. Step left back. [3]	<i>In place</i>	<i>Cross, step-back</i>
3&	Step right back on right diagonal, (&)lock left over front of right. [3]	<i>Right diagonal</i>	<i>Back-lock</i>
4	Step right back on right diagonal. [3]		<i>-back</i>
5-6	Cross left behind right. Unwind half turn left. [CCW, 9]	<i>Turning left</i>	<i>Behind, unwind</i>
7&8	Kick right forward, (&)step on ball of right, step forward left. [9]	<i>In place</i>	<i>Kick-ball-step</i>
<b>Steps 17-24. Step, Half turn, Right shuffle, Full turn, Forward mambo.</b>			
1-2	Step forward right. Pivot half turn left. [CCW, 3]	<i>Turning left</i>	<i>Step, ½ turn</i>
3&4	Step forward right, (&)step left next to right, step forward right. [3]	<i>Forward</i>	<i>Right shuffle</i>
5	On ball of right pivot half turn right [CW] stepping back left. [9]	<i>Turning right</i>	<i>Turn</i>
6	On ball of left pivot half turn right [CW] stepping forward right. [3]		<i>Turn</i>
7&8	Rock left forward, (&)recover on right, step left next to right. [3]	<i>In place</i>	<i>Mambo step</i>
<b>Steps 25-32. Heel-&amp;, Heel-&amp;, Toe-&amp;, Heel-&amp;, Forward rock, Recover, Back rock-&amp;-Stomp.</b>			
1&	Tap right heel forward, (&)step right in place. [3]	<i>In place</i>	<i>Heels right-&amp;</i>
2&	Tap left heel forward, (&)step left in place. [3]		<i>Left-&amp;</i>
3&	Tap right toe behind left foot, (&)step right in place. [3]		<i>Toe-&amp;</i>
4&	Tap left heel forward, (&)step left in place. [3]		<i>Heel-&amp;</i>
5-6	Rock forward on right. Recover on left. [3]	<i>Forward, back</i>	<i>Forward, step</i>
7&8	Rock back on right, (&)recover on left, stomp ( <i>up</i> ) right next to left. [3]	<i>Back-&amp;-forward</i>	<i>Back-&amp;-stomp</i>

Start again.....with a BIG smile